

RISK.
CHANGE.
COURAGE.
A DIFFERENT
KIND OF LIFE.

THE MOMENTS THAT MAKE US

ONE MOMENT CAN CHANGE
THE DIRECTION OF A LIFE.

KEVIN O'NEILL

FILMMAKER | STORYTELLER | EDUCATOR | FORMER FIREFIGHTER

A STORY ABOUT THE MOMENTS WE DON'T SEE COMING

What if one decision, one moment when you were terrified to let go, changed the entire direction of your life?

At twelve years old, Kevin O'Neill jumped from a moving freight train, never imagining that leap would become a metaphor for the life ahead.

Through a journey that spans a childhood defined by shyness, six years as a firefighter, ten years pursuing acting in Los Angeles, more than two decades teaching future filmmakers, and finding his own voice as an award-winning writer and director, Kevin shares the unexpected moments, risks, and turning points that shaped his path.

This is a cinematic, heartfelt, and inspiring talk about how the moments that make us can become the stories that define us.

WHAT AUDIENCES TAKE AWAY



COURAGE
Move forward
even when fear
says stay where
you are.



PERSPECTIVE
See how small
choices can quietly
alter the direction
of a life.



RESILIENCE
Turn setbacks
and unexpected
moments into
opportunity.



STORYTELLING
Discover the power
of your own story
and the impact it
can have on others.

IDEAL FOR

CORPORATE EVENTS | CONFERENCES | EDUCATIONAL EVENTS
FILM & MEDIA ORGANIZATIONS | LEADERSHIP PROGRAMS
COMMUNITY ORGANIZATIONS | PROFESSIONAL DEVELOPMENT

SOME
MOMENTS
SCARE US.
OTHER
MOMENTS
DEFINE US.

BOOK KEVIN O'NEILL



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*"Sometimes we don't realize we're living
a defining moment until years later."*